

# Water Vapour Therapy

## Benign Prostatic Hyperplasia (BPH) Treatment Discussion Guide

If you are considering a BPH treatment, it is important to speak to your physician about your treatment options. Here are some suggested questions to get the conversation started:

- What is BPH?
- What causes BPH or an enlarged prostate? Why am I having these symptoms?
- What are my treatment options?
- What happens if I don't do anything to treat my BPH? Will it continue to get worse?
- Am I candidate for Water Vapour Therapy?
- How does Water Vapour Treatment work?
- How does the procedure compare to other treatments?
- How soon can I expect to see improvement with my symptoms?
- Will I feel anything during the Water Vapour Treatment?
- Will I continue to need prostate medication after Water Vapour Therapy?
- How long does the treatment typically take?
- Do I need to do anything to prepare for the treatment?
- What can I expect during and after the procedure?
- How will I feel right after the treatment? How about the weeks following treatment?
- How soon can I return to regular activities? Do I need to take off work?
- Will my sexual function be preserved after treatment?
- Can Water Vapour therapy cause erectile dysfunction?
- How long will my results last?
- How quickly will I notice improvements?
- What are the possible risks associated with Water Vapour Treatment?
- Is Water Vapour Therapy covered by insurance?
- How much will I have to pay out-of-pocket, and how does this compare to other treatment options?

## Other Questions

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## Notes

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Content on this page is for Informational Purposes only and does not constitute medical advice and should not be used for medical diagnoses. Boston Scientific strongly recommends that you consult with your physician on all matters pertaining to your health or to address any clinical/medical questions.